



## Le Fevre Kindergarten Birthday Celebrations.

At Le Fevre Kindergarten we believe;

- the Early years of life are critical in establishing food attitudes and habits.
- that effective learning about healthy eating must be supported in all aspects of the learning environment.
- in the promotion of the healthy weight of children
- in supporting children with food-related dietary needs and allergies
- learning programs should be inclusive of the socio-economic, cultural and spiritual perspectives of the community.
- the focus of a birthday celebration is the child

As the majority of the treats brought in for children to share for birthday celebrations are not recommended foods for an educational setting, (based on the Department of Education and Children's Services "*eat well sa schools and preschools healthy eating guidelines*") it has been decided by the staff and governing council of Le Fevre Kindergarten, that there will be no sharing of food/treats for birthdays.

Unless otherwise indicated or notified by parents'carers, we will acknowledge children's birthdays by presenting them with a birthday sticker, a card made by their peers and singing Happy Birthday

Reference: "eat well sa schools and preschools healthy eating guidelines" Department of Education and Children's Services 2004