



Allergy Aware Procedure

There are times when we have children attending the centre who have allergies to different substances. Some children are anaphylactic. Anaphylaxis is a life threatening condition caused by an extreme allergic reaction. Anaphylaxis is the most severe form of an allergic reaction and can be fatal.

In order to minimise the risk for anyone with anaphylaxis Le Fevre Kindergarten is an allergy aware centre. This is because food allergies are the main cause of anaphylaxis in children.

According to the "*Asthma Foundation of Victoria*", over 90% of all food allergies are caused by

- Peanuts
- Treenuts
- Soy
- Dairy
- Wheat
- Eggs
- Fish
- Shellfish
- Sesame

The most common allergies in young children are – eggs, milk, peanuts and tree nuts. Most food allergies in young children usually resolve with age, however a peanut allergy usually persists.

We will inform the kindergarten community each time we have children enrolled who have severe allergies and anaphylaxis, what they are allergic to and what procedures to follow to reduce the risk of exposure to the known allergen.

Some ways that you can assist to keep children safe include:

- Be aware of what food you are sending to kindergarten with your child when a child with severe allergies/anaphylaxis is attending in order to reduce the risk of a reaction.
- Discuss with your child the importance of not sharing food with others.
- Check with staff if the pasting materials, donated items, boxes and containers which may be contaminated with small traces of allergens are suitable to bring to kindergarten.

Staff will ensure the cooking program will be inclusive of all children and adjust ingredients used accordingly and staff and children will follow safe food handling practices including hand washing and table cleaning.

Your help enables this kindergarten to be safe for all children.

Thank you for your cooperation.

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